## **Caryn Kennedy**

The priorities of your life dictate the pace of your life. It sounds obvious, I know but think about it. If, for example, money is the number one priority of your life you obviously can expect a fast pace. Money is an elusive mistress. Currency is a carrot on a stick, tempting you to chase, cajole, insisting that you find new ways to lunge toward her. Most of the time you are moving too fast in your endeavors to see a real life whizzing past you. Superficial relations, depth of character, as with many goals none else matter if the goal is met.

If a life is guided by devotion to family and loved ones, the goal mandates that you to sit. To listen. To consider. In doing so, many layers of your character would develop. One would now be dressed in empathy, awareness a mind open to. You would build around you those things that support this priority. Things that make you sit so you accomplish this goal. Those things may be good food, music and inviting home. Your character may develop to include traits like sincerity, warmth and kindness. for without these things your goal maybe missed. Of course, in meeting this goal you could get swept up in in the financial obligations necessary to support your loved ones. The quality of your life is then inherit in the priorities.

Daily life in Italy moves like molasses. Time is valued and spent doing enjoyable things with friends and family, things that will enrich your day. The post office moves slow, the banks, the government. Nothing happens quickly. Ever. Businesses in America can run smoothly and quickly and Americans expect efficiency.